

Level 2 Health and Safety in the Workplace

This course is designed to ensure that all employees are aware of their own safety and the safety of customers, contractors and the public.

Who should attend?

Health and Safety representatives and Management

Why is this training important?

Employers are responsible for providing safe and healthy workplace conditions as well as the right systems and methods for safe activities.

Learning Outcomes

By the end of this session delegates will:

- Know the principles of health and safety and accident prevention
- Have the ability to contribute to any health and safety management system
- Identify the importance of risk assessment as a technique for accident and ill health prevention
- Know the responsibilities placed on employers and employees
- Know the hazard, risk and main causes of harm to workers (manual handling, hazardous substances, exposure to noise and vibration)
- Highlight the importance of following systems, procedures and rules
- Identify how individual action can reduce risks to health and safety

Duration

Half Day

Assessment

Multiple choice exam

All candidates who have taken the Level 2 Award in Health and Safety in the Workplace are recommended to take a refresher course three years after completion.

